

## CCEA HOLIDAY LUNCHEON

2024 has flown by and it's already nearly December! It is hard to believe, but we are nearing our annual Holiday Luncheon.

We look forward to celebrating the winter holidays with everyone who has registered.

To our members and friends who cannot attend, we send our warmest wishes and hope to see you soon in 2025!

**When and where:**

December 6th

**Check in: 10:45 - Event: 11am - 2pm**

*Concept F1*

3 Chome-20-22 Marunouchi, Naka Ward, Nagoya, Aichi 460-0002

<https://maps.app.goo.gl/9uFfGwfnvJjXNUhs8>

**Paid Parking Location:**

*Repark Nagoya Marunouchi #32*

3 Chome-7-16 Marunouchi, Naka Ward, Nagoya, Aichi 460-0002

<https://maps.app.goo.gl/QQTfSB9z54gxeFqE8>

**Subway Station:**

*Hisayaodori Station Exit 1*



## Member Spotlight

Hello

I'm Ericka

Borja.

I moved

to Japan



in July 2022 and reside in Meito-ku. I have two daughters back in Texas.

One who just started her freshman year in Pre-veterinary medicine. My other daughter will start Medical school in late Spring.

To keep busy while in Japan I do weekly hikes (weather permitting), I also try and attend as many functions that I can for CCEA. I especially enjoy the day trip outings that are organized by Kerry and Yenling.

It never ceases to amaze me how many places of interest there are close to us here in Nagoya, and the day trip affords me the opportunity to visit them all.

## SNEAK PEEK 2025!

CCEA has so many things to offer for the 2025 year ahead! We will be continuing with our favourite interest groups such as day trip, restaurant hunters, language exchange, kimekomi, yamato-e, crochet, book club, photography, Ikebana and calligraphy and happy hour. Our General Meeting topics are also going to be really interesting with wood burning art, cookie decorating, guest speakers, cooking classes and much more to also look forward too. We hope to see you all in 2025!

*If you have any topics you would like to share during our General Meetings this year, email us at [nagoyaccea@gmail.com](mailto:nagoyaccea@gmail.com)*

## SAVE THE DATE - IMPORTANT REMINDERS

**General Meeting:**  
February 7th 2025  
**Board Meeting:**  
December 13  
**Holiday Luncheon:**  
December 6th  
**Book Club:**  
December 2nd  
**Photography Club:**  
December 4th  
**Ikebana and Calligraphy:**  
December 14th  
**Crochet and Turkish Oya**  
TBA  
**Community Service**  
TBA

**Restaurant Hunters**  
December 17th  
**Arts Club**  
TBA  
**Happy Hour Hunters:**  
TBA  
**Yamato-E:**  
December 19th  
**Day Trips:**  
December 9th  
**Kimekomi:**  
TBA  
**Pilates:**  
December 16th  
**Language exchange**  
TBA

## DECEMBER BIRTHDAY ANNOUNCEMENTS

Yoko K 13th  
Crystal 7th  
Isabel 13th  
Maria 8th  
Yukiko 9th



### CROCHET AND TURKISH OYA

This craft class will include crochet and Turkish Oya (lace). Let us make our very first scarf or lace together! Everyone is welcome - all abilities are catered for. There will be a basic supply list provided when you sign up - items available on amazon.

**Meets:** TBA 10.30-12:30  
**Place:** Omur's house  
For more information please contact:  
Omur - [omurjapan@gmail.com](mailto:omurjapan@gmail.com)  
Jean - [jealo\\_zemper@yahoo.com](mailto:jealo_zemper@yahoo.com)

### COMMUNITY SERVICE

The Volunteer Interest Group will be holding its first events in May. Be on the lookout for an email with detailed information and a sign up sheet.

**Meets:** TBA  
**Place:** TBA

For more information please contact:  
[Crystal.Davila.nickcrys@sbcglobal.net](mailto:Crystal.Davila.nickcrys@sbcglobal.net)

### LANGUAGE EXCHANGE

Come along and practise your English or Japanese, or both! We will spend 30 minutes speaking solely in English and 30 minutes in Japanese so that everyone can work on having conversions in each language. Everyone / any level is welcome.

**Meets:** : 11:00-noon, TBA  
**Place:** Nagoya International Center

For more information contact:  
[Jenny.Loveridge@gmail.com](mailto:Jenny.Loveridge@gmail.com)

## BOOK & ART CLUB

### “The Lion Women of Tehran”

By Marjan Kamali

Please don't worry if you haven't finished the book, come join in the discussion. Events will be emailed to group members.

**Meets:** 10am-11:30am, Dec 2nd

**Place:** Aichi International Plaza 1st Floor Large Meeting Room  
-5-minute walk from Nagoyajo Station, Exit 5, (Meijo Line)  
-Free parking spaces are available

For more information please contact:  
Helen Saito: [lanisaito@gmail.com](mailto:lanisaito@gmail.com)  
Shuuko Adachi: [shuukosaku@gmail.com](mailto:shuukosaku@gmail.com)

## IKEBANA & CALLIGRAPH

It is more than simply putting flowers in a container. It is a disciplined art form in which the arrangement is a living thing where nature and humanity are brought together.

Class is limited to 3 persons. Events currently posted on the CCEA Ikebana and Calligraphy Facebook page.

**Meets:** Dec 14th

**Place:** 10am

**Fee:** ¥2,200-2,380

For more information please contact:  
Ikebana Class CCEA - FB Group

[nagoyacce@gmail.com](mailto:nagoyacce@gmail.com)

Calligraphy is an artistic way of writing and drawing using proper brush strokes, supplies and ink. There are three different styles of calligraphy which will be taught; traditional, stylish, and artistic. Class is limited to 3 persons.

**Meets:** Dec 14th

**Place:** 11am

**Fee:** ¥1100

For more information please contact:  
Calligraphy Class CCEA - FB Group

[nagoyacce@gmail.com](mailto:nagoyacce@gmail.com)

## YAMATO-E

Are you interested in experiencing Japanese culture through painting? If so, come join the Yamatoe-e group and learn very authentic Japanese art. Painting themes are various from seasonal events such as 'Hinamatsuri' to people's activities in and around Heiankyo(Kyoto) in the Heian Period. It must be exciting to explore how to use brushes and to do coloring with special pigments called 'Gansai'. Everyone is welcome to try it

**Meets:** 10:30am-12:30, Nov 14th & 29th

**Place:** TBA

**Fee:** ¥300

For more information please contact:  
Yoko Kodera: [yokoyamatoe@i.softbank.jp](mailto:yokoyamatoe@i.softbank.jp)

## HIKING & DAY TRIPS

We travel to a different destination each time and enjoy a variety of activities and workshops. Each trip will have its own set-up, details and sign up link. Details will be sent to group members by email.

**Meets:** TBA

**Place:** Dec 6th

For more information please contact:  
Yenling Chou: [kenyachou123@gmail.com](mailto:kenyachou123@gmail.com)  
Kerry Holdcroft: [kpruce@gmail.com](mailto:kpruce@gmail.com)

## HAPPY HOUR HUNTERS

Let's explore Nagoya to find a relaxed atmospheres at the end of week to get together around a glass of drink.

Partners and guests are welcome to attend!

**Meets:** 6:00pm-8:00pm, TBA

**Place:** TBA

For more information please contact:  
Gwyn Wilson: [shadow.frau@gmail.com](mailto:shadow.frau@gmail.com)  
Ayuko Horibe: [iyoucoco@gmail.com](mailto:iyoucoco@gmail.com)

## PILATES

When you are young, it's common to do some sports. However, after graduating from school, you have less exercises because of many things to do, which results in weaken muscle. Pilates exercise focuses on strengthening the abdominal muscle and increasing flexibility of the spine.

**Meets:** 10:30-11:30 Dec 16th

**Place:** Zoom

For more information please contact:  
Misako Tamimoto:  
[lodgemigreens@hotmail.com](mailto:lodgemigreens@hotmail.com)

## RESTAURANT HUNTERS

...seeking all adventurous foodies

Lets traverse the culinary world of Nagoya sampling exciting flavors and creating connections through food

**Meets:** 11am - 1pm, Dec 17th

**Place:** TBA

For more information please contact:  
Samantha Brunner  
[samnkoon@gmail.com](mailto:samnkoon@gmail.com)

## TURKISH COOKING

Merhaba! Come explore the Turkish culture through cooking and crafts. Each month we will either cook a Turkish dish or create a Turkish craft with our teacher, Omur, who is from Turkey.

**Meets:** 10:30-12:30, TBA

**Place:** TBA

For more information please contact:  
Omur Certin: [omurjapan@gmail.com](mailto:omurjapan@gmail.com)

## PHOTOGRAPHY

We enjoy photographing seasonal flowers, scenery and buildings somewhere in Nagoya City with your own senses and free ideas. All cameras welcome. Let's enjoy taking pictures and improve your camera skills!

**Meets:** 10am-noon, Dec 4th

**Place:** TBA

For more information please contact:  
Chihiro Okuno [stepupchihiro@gmail.com](mailto:stepupchihiro@gmail.com)

## KIMEKOMI

Learn to cover wooden forms with fabric to create beautiful dolls, animals, balls, and much more.

*For beginners, I will accompany them to the kimekomi shop to help with supplies. Start up fee 1,500 yen.*

**Meets:** 10am-noon, TBA

**Place:** Jenny's House

For more information please contact:  
Jenny Loveridge [jenny.loveridge@gmail.com](mailto:jenny.loveridge@gmail.com)

## SPORTING EVENTS

Experience the fun, joy, and community of professional sports! No need to know anything about the sport. All you need is a willingness to cheer loudly!

**Meets:** TBA

**Place:** TBA

For more information please contact:  
Manya Shorr [manyadanielle@gmail.com](mailto:manyadanielle@gmail.com)





## BABYSITTING

We are looking at new options for 2024. We want to provide space for our members with children. If you have any suggestions or recommendations for us to provide affordable child care during our events, please contact us at [nagoyaccea@gmail.com](mailto:nagoyaccea@gmail.com)

## DECEMBER 2024

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3	4	5	6	7
<b>Book Club</b> 10am-11:30am		<b>Photography Club</b> 10am-12pm		<b>Holiday Luncheon</b> 10:45 - 2pm	
9	10	11	12	13	14
<b>Day trip</b> All day				<b>Board Meeting</b> 10 am -12 pm	
16	17	18	19	20	21
<b>Pilates</b> 10:30-11:30	<b>Restaurant Hunters</b> 11:30am - 1:30pm		<b>Yamato-E</b> 10:30am - 12:30pm		
23	24	25	26	27	28
		<b>Merry Christmas!</b>			
30	31				
		<b>Happy New Year!</b> <b>2025</b>			

## BOARD MEMBERS

**President:** Gwyn Wilson  
**Vice President:** Fumika Kusano  
**Program Coordinators:**  
 Wetty Tokuhisa, Samantha Brunner  
**Membership Coordinators:**

**Financial Coordinators:** Sakiko Kato  
**Administrator:**  
**Marketing Coordinators:** Kerry Holdcroft  
**Recruitment Coordinators:**  
**Catering Coordinators:**  
 Naomi Hasegawa, Chihiro Okuno

**We are looking for more Board Member in 2025**

Contact us for more info:  
[nagoyaccea@gmail.com](mailto:nagoyaccea@gmail.com)